THE NEXUS BETWEEN MENTAL HEALTH AND THE LAW

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Forensic Mental Health Assessment (FMHA)

- Whose purpose is to help with better-informed decision making in a legal context
- The process by which mental health professionals conduct evaluations for the court
- A specialty practice area that has developed significantly over the past three+ decades

Journals

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Behavioral Sciences and the Law

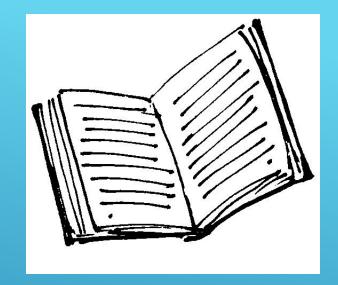
Criminal Justice and Behavior

Journal of American Academy of Psychiatry and Law

Law and Human Behavior

Psychology, Public Policy and the Law





Books

Psychological Evaluations for the Courts

Best Practices in Forensic Mental Health Assessment (series)

Testifying in Court: Guidelines and maxims for the expert witness





Specialty Training Resources

Graduate school-based psych-law degree

Postdoctoral Psychology Fellowship

Forensic Psychiatry Fellowship

Continuing education [AAPL, AP-LS]





PROFESSIONAL SOCIETIES

American Psychology-Law Society (division 41 of APA)

American Academy of Psychiatry and the Law

Forensic Mental Health Association of California



Formal Training Programs



MD-JD

Ph.D.-JD

Postdoctoral fellowship in forensic psychology

Post-residency fellowship in forensic psychiatry





Sources of Authority in FMHA

LAW

ETHICS

SCIENCE

STANDARDS OF PRACTICE

DIFFERENCES BETWEEN CLINICAL AND FORENSIC EVALUATIONS

	Clinical	Forensic
Who is the client?	the Patient	the Court
Privilege of person evaluated	therapist-patient	attorney-client and work-product
Area of evaluator expertise	content + therapeutic technique	content + forensic evaluation standards
Cognitive set of evaluator	supportive, accepting warm, empathic advocate for person	detached

Structure of evaluation	client structured, less	more structured, and by evaluator
Completeness of eval	based on client info	more complete, collateral info
Outcome Standards	diagnosis for therapy	forensic criteria for purposes of legal adjudication
Nature of process	rarely adversarial	frequently adversarial
Product/Outcome	aid/benefit patient	aid/benefit legal

process



SELECTED TYPES OF FMHA IN UTAH

Competency to stand trial

(77-15 et seq Utah Code Annotated)

(and associated issues... Adkins, competency to be executed, to consent to treatment for restoration and maybe others—but NO competency to serve a sentence)





Diminished Capacity/Insanity

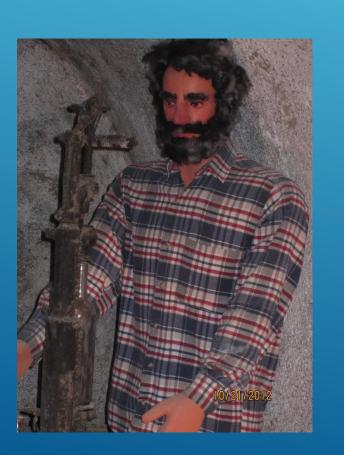
(76-2-305, 77-14-4 Utah Code Annotated)





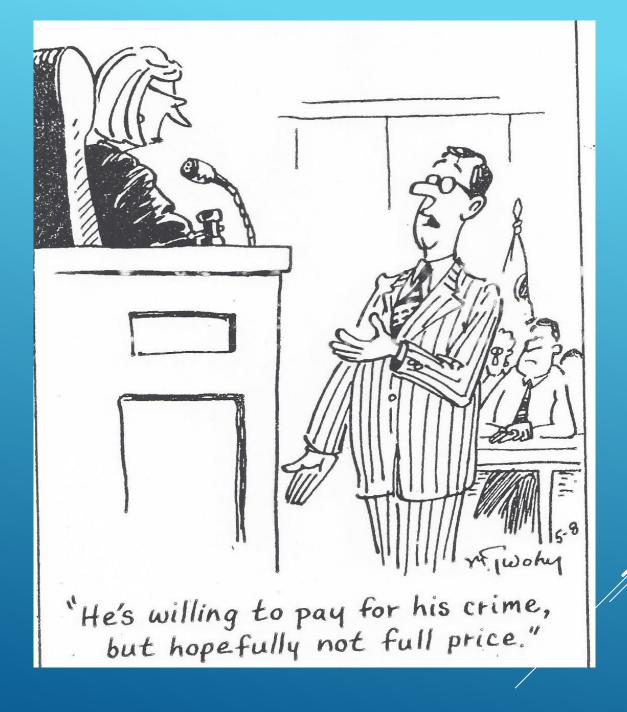
Special Mitigation

(76-5-205.5 Utah Code Annotated)



Guilty With a Mental Illness [post-adjudication]

77-16a-103 Utah Code Annotated



Risk Assessment



Involuntary Commitment

(62A-15-631 [and others] Utah Human Services Code)



CUSTODY, VISITATION, PARENT-TIME EVALUATIONS



Approach to the evaluation is determined by

- The psycho-legal issue
- The psychological capacities required by the specific legal issue



So, how do you figure out who to have do an evaluation, and how do YOU evaluate an examiner's report?



Forensic examiner list from DMH?

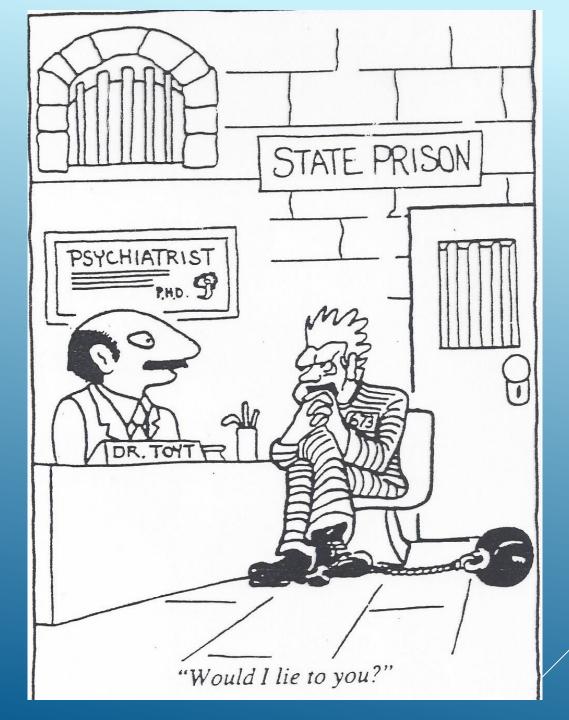
Yes, but not comprehensive...





Malingering:

What is it and why do we care?



Malingering is the deliberate production or exaggeration of [psychological] symptoms for secondary gain.

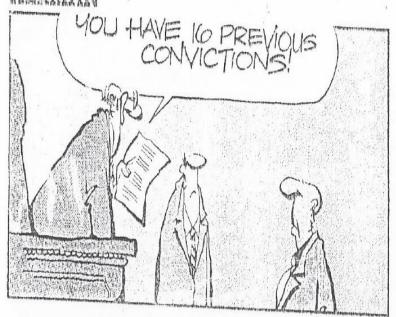
The assessment of malingering is a critical component of a forensic evaluation, where external incentives can be substantial.

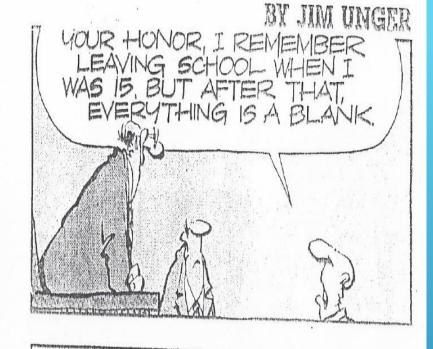
Malingering was removed from the index in the DSM-5, but remains as a "V" code and the criterial for when to consider malingering remain unchanged.

For FMHA, the first prong is whether someone is mentally ill or intellectually disabled, so diagnostic issues are paramount

The most important aspect of the assessment is RECORDS and COLLATERAL INFORMATION

HERMAN

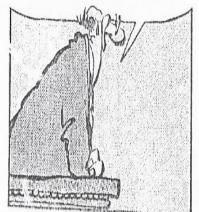


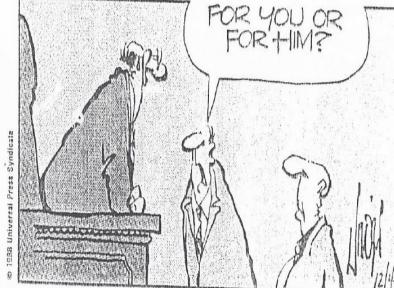


THIS THROWS A NEW COMPLEXION ON THE WHOLE CASE.



I'M ORPERING A
PSYCHIATRIC
EXAMINATION.





REQUIRED TO ADDRESS BY STATUTE IN UTAH:

...any diagnostic instruments, methods, and observations used by the expert to determine whether or not the defendant is exhibiting false or exaggerated physical or psychological symptoms relevant to the defendant's capacity to stand trial and the expert's opinion as to the significance of any false or exaggerated symptoms regarding the defendant's capacity.



PSYCHOLEGAL REASONING

Does the examiner tie reported symptoms to their observations and to the diagnosis?

Does the diagnosis logically tie to the functional (in)abilities associated with the issue under evaluation?



"He's delusional so he must be incompetent"



"He has a diagnosis of schizophrenia and was therefore unable to form the intent to steal the computer. He just wanted some cigarettes"



Not so much...



"He has a long history of psychotic episodes with hospitalizations, is currently not bathing, eating, and is refusing medication. In my opinion, he is currently mentally ill and..."

YESIII

Meets the criteria for a finding of guilty (with a mental illness) and currently mentally ill







To Take Away:



BROAD, FOUNDATIONAL PRINCIPLES OF FMHA ACROSS DIFFERENT KINDS OF LEGAL QUESTIONS:

Differences between clinical and forensic evaluations

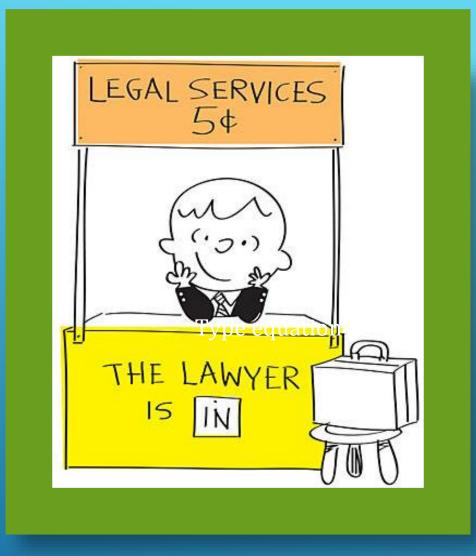
Skill set requirements are different for forensic evaluators

FMHA are guided by legal, ethical, scientific, and practice literatures

FMHA are guided by impartiality of the examiner

There are standards for FMHA that are reasonably well established

Not all FMHA are alike: know the relevant issues to better evaluate the evaluations



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